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Preparing for Your Anger Assessment

What It Is

The Availia Anger Assessment is a professionally conducted evaluation using a series of validated, evidence-based screening tools. The assessment examines patterns of anger, emotional reactivity, contributing factors, and personal history to establish a clear clinical picture and inform a professional recommendation for education or intervention.

Results are documented in a written report suitable for personal use, court, or agency review.

What to Bring

Valid photo ID and appropriate payment are required. If you have a court order, referral letter, or other documentation related to your requirement, please bring it. Court or legal documentation is welcome but not required to complete the assessment.

What to Expect

The assessment is conducted in a single appointment of approximately 90 minutes. You will complete a series of standardized questionnaires and participate in a brief clinical interview. Results and recommendations are discussed with you at the conclusion of the appointment.

A Note on Self-Reporting

Honest and complete responses are essential to the accuracy of your results. Assessment findings may be shared with your referring professional or agency as authorized by your signed Release of Information.

Payment

The anger assessment fee is \$130, due at time of service. Payment is accepted by card or cash. Contact us in advance if you have questions about payment or financial accessibility.

Questions?

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